WDC LATIN-AMERICAN SYLLABUS - BLT

A.-STUDENT TEACHER LEVEL

1.-RUMBA =

CLOSE BASIC MOVEMENT (FWD & BWD)

EL ABANICO (THE FAN)

HOCKEY STICK

CHECKS FROM OPEN PP & OPEN CPP

SPOT TURNS TO LEFT & RIGHT

UNDERARM TURNS TO LEFT & RIGHT

HAND TO HAND

2.-CHACHACHA =

SIDE CHASSES + FWD LOCK CHASSES + BWD LOCK CHASSES + FOOT-SLIP CHASSE + HIP TWIST CHASSE + RONDE CHASSE

TIME STEP

CLOSED HOLD BASICS (FWD & BWD)

OPEN (WITHOUT) HOLD BASICS (FWD & BWD)

SHOULDER TO SHOULDER

EL ABANICO (THE FAN)

HOCKEY STICK

THE FIRST 3 STEPS FOR THE FOLLOWER IN THE ORIGINAL "EL ABANICO"

SPOT TURNS TO RIGHT AND LEFT

UNDER ARM TURNS TO RIGHT AND LEFT

CHECKS FROM OPEN PP AND OPEN CPP

HAND TO HAND

3.-SAMBA = VAI E VEM (SAMBA BASIC - NATURAL) SAMBA BASIC REVERSE SAMBA BASIC - PROGRESSIVE SAMBA WHISKS TO L AND R SAMBA WALKS IN PROMENADE SAMBA WALK TO SIDE SAMBA SIDE CHASSES **VOLTA SPOT TURN TO R AND TO L FOR FOLLOWER** 4.-PASO DOBLE = **APPEL & SYNCOPATED APPEL SUR PLACE BASIC MOVEMENT CHASSES TO RIGHT AND TO LEFT** HUIT **PROMENADE ATTACK** 5.-JIVE = JIVE CHASSE TO L & TO R

CLOSE HOLD BASIC IN PLACE

CHANGE OF PLACES L TO R

CHANGES OF PLACES R TO L

CHANGE OF HANDS BEHIND BACK

LINK

WHIP

CLOSE HOLD BASIC IN FALLAWAY

B.-ASSOCIATE LEVEL

1.-RUMBA =

(ADDITIONALLY TO FIGURES OF STUDENT TEACHER LEVEL)

CLOSED HOLD HIP TWIST

OPEN HOLD HIP TWIST

OPENING OUTS TO RIGHT & LEFT

ALEMANA

ALEMANA FROM OPEN POSITION WITH L TO R HAND HOLD

LA VUELTA-DERECHA (NATURAL TOP)

LA VUELTA-IZQUIERDA (REVERSE TOP)

2.-CHACHACHA =

(ADDITIONALLY TO FIGURES OF STUDENT TEACHER LEVEL)

ALEMANA WITH FINISH A'

ALEMANA FROM OPEN POSITION WITH L TO R HAND HOLD WITH FINISH A'

LA VUELTA-DERECHA (NATURAL TOP) WITH END A'

3.-SAMBA =

(ADDITIONALLY TO FIGURES OF STUDENT TEACHER LEVEL)

SAMBA WALKS - STATIONARY

CORTA JACA

CLOSE ROCKS ON RF AND LF

REVERSE TURN

TRAVELLING BOTAFOGOS

NATURAL ROLL

4.-PASO DOBLE =

(ADDITIONALLY TO FIGURES OF STUDENT TEACHER LEVEL)

ELEVATIONS TO RIGHT AND TO LEFT

PROMENADE CLOSE

SEPARATION

SIXTEEN

PROMENADE TO COUNTER PROMENADE

TWIST TURN

<u>5.-JIVE =</u>

(ADDITIONALLY TO FIGURES OF STUDENT TEACHER LEVEL)

PROMENADE WALKS (SLOW & QUICK)

AMERICAN SPIN

C.-LICENTIATE LEVEL

1.-RUMBA =

(ADDITIONALLY TO FIGURES OF THE ASSOCIATE LEVEL)

CUBAN ROCKS

HOCKEY STICK TURNED TO OPEN COUNTER PROMENADE POSITION

CLOSE HOLD HIP TWIST TURNED TO OPEN CPP

OPEN HOLD HIP TWIST TURNED TO OPEN CPP

SYNCOPATED OPEN HOLD HIP TWIST

ALEMANA FROM OPEN POSITION WITH R TO R HAND HOLD

ALEMANA CHECKED TO OPEN CPP

RUNAWAY ALEMANA

CURL

CURL TURNED TO OPEN CPP

SPIRAL

SPIRAL TURNED TO FAN POSITION

SPIRAL TURNED TO OPEN CPP

FALLAWAY

ADVANCED OPENING OUT MOVEMENT

2.-CHACHACHA =

(ADDITIONALLY TO FIGURES OF THE ASSOCIATE LEVEL)

GUAPACHA TIMING

ALEMANA END B'

ALEMANA FROM OPEN POSITION WITH L TO R HAND HOLD END B'

ALEMANA FROM OPEN POSITION WITH R TO R HAND HOLD

CLOSED HOLD HIP TWIST

CLOSED HOLD HIP TWIST TURNED TO OPEN CPP

OPEN HOLD HIP TWIST

OPEN HOLD HIP TWIST TURNED TO END IN OPEN CPP

SYNCOPATED OPEN HOLD HIP TWIST

LA VUELTA-DERECHA (NATURAL TOP) WITH END B'

CLOSED HOLD HIP TWIST SPIRAL

CLOSED HOLD HIP TWIST SPIRAL TURNED TO FAN POSITION

OPEN HOLD HIP TWIST SPIRAL

OPEN HOLD HIP TWIST SPIRAL TURNED TO FAN POSITION

TOOLS FOR CHANGING FEET No 1 & No 2

3.-SAMBA =

(ADDITIONALLY TO FIGURES OF THE ASSOCIATE LEVEL)

CORTA JACA IN SHADOW POSITION

PROMENADE BOTAFOGO

SHADOW BOTAFOGOS

OPEN ROCKS TO R AND L

BACKWARD ROCKS ON RF AND LF

O TRANCADINHO – THE PLAIT

TRAVELLING VOLTAS TO R AND TO L

CONTINUOUS VOLTA SPOT TURNS TO R AND TO L

TOOLS OF CHANGING FEET NO 1 and No 2

4.-PASO DOBLE =

(ADDITIONALLY TO FIGURES OF THE ASSOCIATE LEVEL)

SYNCOPATED CHASSE

SYNCOPATED SEPARATION
BANDERILLAS
SPANISH LINE
FLAMENCO TAPS
GRAND CIRCLE
FALLAWAY WHISK
FALLAWAY REVERSE
LA PASSE
TOOLS OF CHANGING FEET (SYNCOPATED CHASSE + ONE BEAT HESITATION + SYNCOPATED SUR PLACE)
<u>5JIVE =</u>
(ADDITIONALLY TO FIGURES OF THE ASSOCIATE LEVEL)
BALL CHANGE
OVERTURNED CHANGE OF PLACES LEFT TO RIGHT
CHANGE OF PLACES RIGHT TO LEFT WITH DOUBLE SPIN
DOUBLE CROSS WHIP
CURLY WHIP
THROWAWAY WHIP
REVERSE WHIP
FALLAWAY THROWAWAY
OVERTURNED FALLAWAY THROWAWAY
STOP AND GO
WINDMILL
ROLLING OF THE ARM
SPANISH ARMS
CHICKEN WALKS

D.-FELLOWSHIP LEVEL

1.-RUMBA =

(ADDITIONALLY TO THE FIGURES OF THE LICENTIATE LEVEL)

ROPE SPINNING

SLIDING DOORS

THREE ALEMANAS

CONTINUOUS HIP TWIST

CONTINUOUS CIRCULAR HIP TWIST

SWITCH-BACK

2.-CHACHACHA =

(ADDITIONALLY TO THE FIGURES OF THE LICENTIATE LEVEL)

CUBAN BREAK IN OPEN POSITION

SPLIT CUBAN BREAK IN OPEN CPP

SPLIT CUBAN BREAK FROM OPEN CPP AND OPEN PP

TURKISH TOWEL

TOOLS FOR CHANGING FEET No 3

CONTINUOUS CIRCULAR HIP TWIST

SWEETHEART

3.-SAMBA =

(ADDITIONALLY TO THE FIGURES OF THE LICENTIATE LEVEL)

SAMBA LOCKS

CONTRA BOTAFOGOS

CIRCULAR VOLTAS TO R AND TO L

DROP VOLTA

CRUZADOS LOCKS IN SHADOW POSITION

CRUZADOS WALKS IN SHADOW POSITION

PROMENADE TO COUNTER PROMENADE RUNS

BATUCADA

TRAVELLING DIAGONAL ZIG-ZAG

CARIOCA RUNS

TOOLS OF CHANGING FEET NO 3 and No 4

4.-PASO DOBLE =

(ADDITIONALLY TO THE FIGURES OF THE LICENTIATE LEVEL)

CHASSE CAPE

LEFT FOOT VARIATION

TRAVELLING SPINS FROM PP AND FROM CPP

COUP DE PIQUE CHANGING FROM LF TO RF

COUP DE PIQUE CHANGING FROM RF TO LF

COUP DE PIQUE SUNCOPE

TOOLS OF CHANGING FEET (COUP DE PIQUE + COUP DE PIQUE DUO)

<u>5.-JIV</u>E =

(ADDITIONALLY TO THE FIGURES OF THE LICENTIATE LEVEL)

ADVANCED AMERICAN SPIN

SUGAR PUSH